**Madeleine Henry**

**Contact Information:**

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**Certifications:**

* NCCP Level: CanSkate
* First Aid & CPR/AED Level C

**About Me:**

I began skating in Stirling at a young age in the Pre-CanSkate and CanSkate programs, where I continued to skate throughout elementary and high school. I completed my gold skills and dances while balancing a busy life with high school and other sports.  Throughout this time, I was also a program assistant for the club, helping to run the programs and working with the skaters. I then went on to pursue a degree in Kinesiology at Queens University, where I am currently in my third year. In this time, I decided that I wanted to continue my love for skating through the role of a coach. I love being able to help others improve their skills while having fun, so I decided I wanted to take on this role. Along with being able to improve physical skills, I have always believed that skating is a sport that can teach you so many valuable lessons that you are able to carry with you throughout life. With that being said, I hope to help others have the same experience that I did, and I am so excited to begin this new adventure! I am now trained to teach Pre-CanSkate and CanSkate through SkateCanada and look forward to meeting lots of new faces!